

rites of passage

In our culture we have in great part left behind celebrating the different stages in our lives.

How would your life change if you experienced a ceremony to mark your transition into or through puberty, becoming a parent or elder, menopause/ andropause, pregnancy, birth of our children and pre-death or death.

Rites of Passage ceremonies, give you the opportunity to release the past, making space to birth yourself anew or to mark great accomplishments.

Sometimes solitary, others done in community. Ceremony gives you a time to reflect, acknowledge and celebrate who you are and what you have done up to that moment in time.

To release unnecessary or unwanted parts of your story.

To start the next phase of your journey from a place of power.

Come back into balance,
heal past wounds,
make space for greater joy,
abundance, sobriety, & passion.

Your life is too precious
for you to just exist.

Shamanic techniques & ceremonies are a tool for healing & creating an even juicier life of beauty and power

Shamanism takes many forms
in many traditions

The common thread is using ceremony & ancient techniques in concert with the natural world to bring you back into balance mind, body and soul

Ceremony takes you out of ordinary reality and into an altered space, Offering an opportunity for self reflection & healing in a Safe Sacred Space

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HEALING through CEREMONY

*Dive into Healing,
Surface with Joy!*

End of Life Ceremonies
Grieving Ceremonies
Celebrations
Rites of Passage
Shamanism
Physical Healing Sessions
Animal Totems
Vision Quests
Knowledge
Personalized Ceremonies

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